

Junction Texas UP & BACK ENTRY FORM
\$25/per person made payable to UP & BACK Boat Race
730 Main Street, Junction, Texas 76849
325-446-6565(Hoytt Moss) or 210-289-2982 (Cheryl Herring)

www.junctiontexas.com
JUNIOR BOAT RACE

Please print and fill in ALL blanks

Office Use - Canoe Number _____ **Class Entered: OPEN**

First Participant:

Last Name _____ First Name _____ Phone _____ T-Shirt Size _____

Address _____ City _____ State _____ Zip _____ Age _____ **DOB** _____

Email address _____ Cell Phone Number _____

Second Participant:

Last Name _____ First Name _____ Phone _____ T-Shirt Size _____

Address _____ City _____ State _____ Zip _____ Age _____ DOB _____

Email address _____ Cell Phone Number _____

1st TEAM CAPTAIN INFORMATION (required): Team captain must be 18 years old or older and have own transportaion.

Last Name _____ First Name _____ Cell Phone _____ T-Shirt Size _____

Address _____ City _____ State _____ Zip _____ Age _____ Email address _____

2nd TEAM CAPTAIN INFORMATION (optional): Team captain must be 18 years old or older and have own transportaion.

Last Name _____ First Name _____ Cell Phone _____ T-Shirt Size _____

Address _____ City _____ State _____ Zip _____ Age _____ Email address _____

RELEASE AND WAIVER OF LIABILITY

Note: This is a contract with legal consequences and must be read carefully and signed by all participants team captains, and parents/guardians of any such participants under 18 years of age.

I, in consideration of my acceptance as a participant and of the benefits to be derived from participation in the Junction UP & BACK boat race, hereby freely agree to and make the following contractual representation and agreements.

I fully realize the dangers of participating in a canoe race and fully assume all risks associated with such participation including: the dangers of collision with other objects or other racers, the dangers of drowning, and those arising from river conditions, equipment failure, inadequate safety equipment, weather conditions, and the possibility of serious physical and/or mental illness, trauma or injury associated with an ultra-marathon event of this type. I have read and understand the rules of the Junction UP & BACK boat race and agree to abide by them. I have also read the attachments and the material printed on the reverse of the page.

I hereby waive, release, and discharge myself, my heirs, executors, administrators, legal representatives, assigns, and successors in interest (hereinafter collectively, "successors") any and all rights, claims, or actions which I may have or which may hereafter accrue to me against the sponsors of this event, the UP & BACK boat race, and all of their directors, members, trustees, sponsors, officers, employees, agents, volunteers, of any other persons associated with this event, for any and all damages which may be sustained by me, directly or indirectly, in connection with or arising out of my participation in or association with the event, or travel to or return from the event.

I agree it is my sole responsibility to be familiar with the race course (or, in the case of bank participants, the local roads and highways), I understand and agree that conditions may occur during the race that are beyond anyone's control, and I assume full responsibility for my own safety. I accept responsibility for the condition of all equipment I may use, and for my own physical and mental condition. I have no physical or medical conditions which, to my knowledge, would endanger myself or others if I participate in this event.

I agree, for myself and successors, that the above representations are contractually binding and are not mere recitals, and that should I or my successors assert my claim in contravention of this agreement, I or my successors shall be liable for the expense (including legal fees) incurred by the other party or parties in defending, unless the other party or parties are finally adjudged liable on such claim for willful and wanton negligence. The agreement may not be modified orally, and a waiver of any provision shall not be construed as a modification.

PARENT OR GUARDIAN OF A MINOR: I, as a parent/guardian of the below named minor, hereby give my permission for my child/ward to participate in the event and further agree, individually and on behalf of my child/ward, to the terms of the above.

SIGNATURES:

Team Member

Parent/Guardian

Team Member

Parent/Guardian

Date: _____

Date: _____

1st Team Captain (Required) _____

2nd Team Captian _____

Date: _____

Attach to this application a cashier's check, money order or personal check payable to the: **UP & BACK BOAT RACE in the amount of \$25/person**. This entry must be complete in order to participate in the UP & BACK Boat Race and the JUNIOR BOAT RACE.
MAIL TO: UP & BACK Boat Race, 730 Main Street, Junction, TX 76849 For further information call 325-446-6565, 210-289-2982 or email: cherylzherring@gmail.com

ADDITIONAL SAFETY CONSIDERATIONS

This must be read by (or read to) all entrants

The Junction UP & BACK Boat Race is a long, grueling race that is extremely demanding, both physically and mentally. Entrants are encouraged to consult a physician to ensure that they are in good health and can withstand the rigors that participation entails. The physical demands of the race, combined with sleep deprivation, heat, dehydration and exhaustion, often cause participants to become disoriented. Amnesia, hallucinations and other debilitating conditions are not uncommon. Such effect can impair judgment, a condition especially dangerous for a solo paddler.

Coast Guard approved life jackets are required for all participants. In addition to having these devices in the boat, participants are strongly urged to wear them. Weak or non-swimmers should wear them at all times. A life jacket should be worn in white water (or other hazardous river conditions), at night, in open water and whenever a paddler is incapacitated, disoriented or in danger of becoming incapacitated or disoriented. Participants should consider carrying a knife, safely mounted in a sheath, attached to clothing or life jacket, to free clothing caught in trot lines, other cordage, or in obstructions.

Moving water, even under normal conditions, involves certain inherent dangers. A person in a boat may be struck by overhead branches or man-made objects. A boat may strike a stationary object causing injury. A person in the water may be pulled under, especially if not wearing a Coast Guard approved life jacket. He/she might be pinned against tree limbs or trunks or rocks, possibly between his/her canoe and such obstructions. Boats and swimmers can be swept over dams and into recirculating currents. Even slow moving water has tremendous force. All participants are strongly urged to be familiar with the sport of canoeing and with their craft and equipment. Participants should use only craft which they can safely control and should prepare themselves by reading, practicing and taking lessons from qualified instructors. Participants should become familiar with the racecourse and know the locations of all rapids, dams and obstructions. The fact that the Texas Water Safari has a novice division should not be interpreted to mean that this is a race for people who have not previously learned to canoe.

Most participants travel at night. To be competitive, you must travel at night. You should be aware that night travel on moving water adds to the potential hazards. Lights should be in good working condition and of sufficient power to light the river in front of you. Proceed at night only if you are confident you can handle what is ahead.

The effects of heat can be extremely debilitating, resulting in temporary disorientation and discomfort or even in death. Take heat exhaustion and heat stroke seriously. Become familiar with the causes and effects and learn to recognize them. Dress in light-colored clothing that dissipates heat and "breathes". Use water or ice to cool the body and, most importantly, the head. If you feel heat exhaustion or stroke coming on, stop and take care of the problem. Drink plenty of liquids and avoid becoming dehydrated. Drink on schedule and before you feel thirsty. Eat regularly, as failure to eat can enhance exhaustion and disorientation.

Animal hazards can be a factor. So far, there has been no documented attack by alligator or sharks in the 30+ year history of the race. However, there are alligators, mostly below Swinging Bridge (Dupont), and some are quite large. There are also sharks in the bay. There have been cases of racers stepping on stingrays in the bay and there have been snake bites. Participants should be especially careful during portages and when passing beneath overhanging vegetation. Snakes are especially active at night. A snake bite kit is mandatory equipment. Because there is controversy, even among medical experts, the type is left up to the participants. Various methods are discussed at the seminar, but if in doubt, consult a physician. Wasp and fire ant bites are quite common; people subject to allergic reaction to these insects should take the necessary precautions.

Team captains should also be aware of all the possibilities described in this narrative and in other Texas Water Safari publications. Driving times should be planned to allow as much sleep as possible and captains or their companions should not drive while exhausted, ill, disoriented, or under the effects of any mood-altering substance not approved by a physician. Take the same precautions recommended for racers. Snakes, moving water, heat and other hazards don't distinguish between racers and team captains.

There is danger in all outdoor sports, but there are wonderful benefits to be gained. There is a fine line between "gutting it out" and pushing on in the face of pain on the one hand, and failing to recognize the danger signs on the other. This race is not for everyone, the best you can do (what we have all done in the past) is talk to other racers, enter races of shorter duration and gain experience. Everyone, especially the first-time participant, is strongly urged to attend the free seminar described in the brochure. Also be certain to read the entire TWS brochure and its attachments. Race officials, team captains and partners notwithstanding, you are in the best position to recognize where the fine line is. There is no disgrace in pulling over to rest for awhile. Some of the top finishers have done so and some of the best racers in Safari history have been forced to drop out. But, when you finish, you will find, as former recorder-holder John Bugge has repeatedly said, that you are a different